

May 2026



Santa Barbara Martineztown Multigenerational Center

505.767.5671

1825 Edith Blvd NE 87102

cabq.gov/seniors

Welcome to Santa Barbara Martineztown!

IMPORTANT NOTICE

SOME SENIOR CENTERS & MULTIGENERATIONAL CENTERS WILL BE TEMPORARILY CLOSED FOR EMPLOYEE TRAINING

These facilities will be closed for Employee Training
June 1 to June 5, 2026:

- Manzano Mesa Multigenerational Center
- North Domingo Baca Multigenerational Center
- Santa Barbara Martineztown Multigenerational Center
- Los Volcanes Senior Center
- Los Volcanes Sports and Fitness Center
- Palo Duro Senior Center
- Palo Duro Sports and Fitness Center

Normal business hours will resume on **June 6, 2026** for Manzano Mesa, North Domingo Baca, Los Volcanes, and Palo Duro facilities.

Normal Business hours will resume on **June 8, 2026** for Santa Barbara Martineztown.

During this time, meal services will be available at our
other locations:

- Barelas Senior Center
- North Valley Senior Center
- Highland Senior Center
- Bear Canyon Senior Center

Thank you for your cooperation!



Center Hours

Monday-Friday:

Open to all.

8:00 AM-5:00 PM

Youth only.

5:00 PM-6:00 PM

Saturday and Sunday:

Closed.

Mayor

Timothy M. Keller



Director

Anna M. Sanchez

Center Staff

Program Coordinator
Matthew Montoya

General Service Worker
Vacant

Part-Time Staff
Albert, Amiah, Brandon,
Lucero, and Sebastian

Front Desk
Donald

Important Information

CLOSED
Memorial Day
May 25th, 2026



**MEMORIAL
DAY**



Accredited by
National Institute of
Senior Centers



Our Mission: We are committed to providing resources with care and compassion that help our community thrive while embracing aging.



ONE ALBUQUE RQUE senior affairs



NATIONAL SENIOR HEALTH & FITNESS DAY

WEDNESDAY MAY 27, 2026

NORTH DOMINGO BACA

MULTIGENERATIONAL CENTER

9:00AM – 12:00PM



THE EVENT WILL HAVE EXERCISE DEMONSTRATIONS, RAFFLE PRIZES, VENDORS, GIVEAWAYS AND MUCH MORE.

SUMMER YOUTH PROGRAM

- SIGN-UP (LOTTERY): MAY 4 – 15
 - WEBSITE: PLAY.CABQ.GOV
- DRAWING: MAY 18
- WINNER REGISTRATION: MAY 20 – 29
- PROGRAM DATES: JUNE 15 – JULY 31
- HOURS: MONDAY – FRIDAY | 7:30 AM – 5:30 PM
- CLOSURES: JUNE 19, JULY 3
- DETAILS: DAILY ACTIVITIES, FIELD TRIPS, BREAKFAST & LUNCH PROVIDED.
- SPOTS ARE DETERMINED BY LOTTERY SELECTION.
- INFO: 505-767-5671



ONE ALBUQUE RQUE



We had an incredible time at our Route 66 Centenarian Celebration, where we were honored to celebrate and spend time with our distinguished guests: John Provich at 102, John Vale at 94, Virginia Grace at 92, Vesta Ferguson at 92, and Ted Martinez at 90. It was truly a special occasion filled with joy, connection, and celebration. A heartfelt thank you to Milagro for providing wonderful entertainment and helping make the event so memorable. Below is a photo of our amazing honorees who made this celebration so special.



ONE ALBUQUE RQUE senior affairs



Coffee With Constituents:

Thurs, May 28, 2026

8:30 – 9:30 am

**Palo Duro Senior Center
5221 Palo Duro Ave NE, 87110**

Join us for some coffee with the Director

April Advisory Council Meeting

ONE ALBUQUE RQUE Monday, May 18, 2026

12:00 PM

**North Valley Senior Center
3825 4th Street NW, 87107**

Monday

TV Viewing
 Friendship Coffee
 Computer Lab
 Puzzle Table
 Yoga
 Intermediate Pickleball
 Zumba-Gold

8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-4:45 PM
 9:00 AM-10:00 AM
 1:00PM-3:30PM
 3:45 PM-4:45 PM



Weekly Activity

Thursday

TV Viewing
 Friendship Coffee
 Computer Lab
 Puzzle Table
 Yoga
 Crochet Group
 Art Class
 Friendships/Relationships (AM)
 Friendships/Relationships (PM)
 Inclusive Bingo

8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-4:45 PM
 9:00 AM-10:00 AM
 10:00 AM-11:30 AM
 12:00 PM-2:00 PM
 10:00AM-12:00PM
 12:30PM-2:30PM
 2:00 PM-3:00 PM



Tuesday

TV Viewing
 Friendship Coffee
 Computer Lab
 Puzzle Table
 Tech Help Tuesday
 Yoga-All Level
 Beginner Pickleball
 Line Dancing
 Zumba-Gold

8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-4:45 PM
 8:00 AM-4:45 PM
 9:00 AM-10:00 AM
 10:00AM-11:30AM
 1:00 PM-2:00 PM
 3:45 PM-4:45 PM



Friday

TV Viewing
 Friendship Coffee
 Computer Lab
 Puzzle Table
 Yoga
 Karaoke
 Card Game Time
 Zumba-Gold

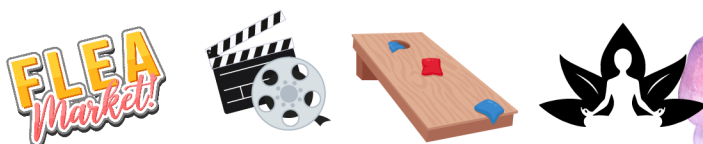
8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-4:45 PM
 9:00AM-10:00 AM
 12:00 PM-3:00 PM
 1:30 PM-3:00 PM
 3:45 PM-4:45 PM



Wednesday

TV Viewing
 Friendship Coffee
 Computer Lab
 Flea Market (1st Wednesday)
 Paint and Sip
 Puzzle Table
 Walk in the Park
 YouTube Foodies
 Movie
 Corn Hole
 Friendships/Relationships

8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-12:00 PM
 10:00 AM-12:00 PM
 8:00 AM-4:45 PM
 8:30 AM-9:00 AM
 9:00 AM-10:00 AM
 9:00 AM-11:00 AM
 1:30 PM-2:30 PM
 2:00PM-4:00PM



Memberships!

- \$20.00 Annual Membership Fee
- Yearly from the day of payment.
- You gain access to all Multigenerational Centers, Senior Centers and Sports and Fitness Centers!
- Please remember to update or renew membership. Also, check in at the front desk for any classes or activities in which you participate.

Santa Barbara Martineztown Multigenerational Flea Market

Come join us for flea markets every 1st Wednesday of the month!

Wednesday, May 6th

All ages!

Come find some knick knacks to take home!

Lottery Drawing
First come, First served

\$2 per table
8:00 AM- 12:00 PM



Zumba-Low Impact

Join us for some fun times and low impact zumba! Get your body going and break a sweat while listening to some awesome music with our Phenomenal instructor Leo!

Mondays, Tuesdays, and Fridays
3:45 PM-4:45 PM



Line Dancing (Beginning)

Tuesdays from 1:00 PM - 2:00 PM



Join our great beginning line dancing class open for all ages for those who loves to line dance or wants to learn line dancing!

Crochet Group: That Darn Yarn

Thursdays
10:00 AM-11:30 AM



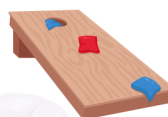
Building Friendships and Relationships: Supporting Individuals with Intellectual Disabilities



Cost: Varies

Wednesdays
2:00 PM - 4:00 PM

Thursdays
10:00 AM-12:00 PM
12:30 PM-2:30 PM



Corn Hole

Join us for some exciting games of Corn Hole indoors!

Wednesdays
1:30 PM-2:30 PM

Yoga (Beginning)

Gentle Yoga

Instructor: Toby
Mondays
9:00 AM - 10:00 AM

All Level Yoga

Instructor: Amy
Tuesdays
9:00 AM-10:00 AM

Yoga

Instructor: Justine
Thursday
9:00 AM-10:00 AM
Friday
9:00 AM-10:00 AM



Karaoke

Fridays
1:00 PM-3:00 PM

Join us for a fun-filled karaoke session where you can sing your heart out and shine like a star!

Join us for some exciting games of Pickleball with one court indoors!

Pickleball

Beginner
Tuesdays
9:30 AM-11:30 AM



Intermediate
Mondays
1:00 PM-3:00 PM

Movies

Every Wednesdays

Attention- Movies subject to change



Random Movie
1st Wednesday
9:00 AM -11:00 AM



Action
2nd Wednesday
9:00 AM -11:00 AM



Comedy
3rd Wednesday
9:00 AM -11:00 AM



Adventure
4th Wednesday
9:00 AM -11:00 AM

Walk in the Park

Take a refreshing stroll with us through the park as the leaves fall and we embrace the beauty of the fall season every Wednesday!

Note: if inclement weather occurs we can walk inside the building.



Wednesdays
8:30 AM-9:00 AM

Puzzle Table

Monday-Friday
8:00 AM-4:45 PM



Tech Help Tuesday

Come join us every Tuesday all day!



Come find some help with your technology from the staff of Santa Barbara Martineztown Multigenerational Center!

Friendship Coffee

Come drop in and enjoy some coffee and socialize with one another!

Monday-Friday
8:00 AM-2:00 PM



YouTube Foodies

Learn how to whip up delicious, healthy meals on a budget in our fun and easy online cooking class!

Wednesday
9:00 AM-10:00 AM



Fridays
1:30 PM-3:00 PM

Card Game Time

Join us at the Santa Barbara Martineztown Multigenerational Center for a fun time with family and friends! Enjoy a variety of board and card games.



Paint and Sip Coffee

Unwind with a relaxing Paint & Sip session—enjoy a cup of coffee while you unleash your creativity on canvas!

Wednesdays
10:00 AM-12:00 PM



Santa Barbara Martineztown Multigenerational Center

505.767.5671
1825 Edith Blvd NE
87102
cabq.gov/seniors

Senior Hot Meals
Monthly Schedule

**IMPORTANT
NOTICE**

**ONE
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MAY 2026



As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.

Dine in hot lunch is served
11:30 AM - 1:00 PM
Monday - Friday.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Green Chile Chicken Posole 4oz Roasted Potatoes 4oz Bell Peppers 4oz Mandarin Oranges 4oz 1% Milk 8oz	28 Beef Tips w/ Noodles 4oz Normandy Blend 4oz Pinto Beans 4oz Dinner Roll 1ea Margarine 1pc Pear 4oz 1% Milk 8oz	29 Pork Loin 3oz Black Eyed Peas 4oz Sweety Potatoes 4oz Honey Dew 1ea 1% Milk 8oz	30 Mozzarella Baked Ziti 4oz Marinara 1oz Winter Blend 4oz Garlic Bread Stick 1ea Apple Sauce 4oz 1% Milk 8oz	1 Salisbury Steak 3oz Gravy 1oz Diced Potatoes 4oz Malibu Blend 4oz Jell-O 4oz 1% Milk 8oz
4 Corned Beef 3oz Cabbage Stew 4oz Corn/Red Peppers 4oz Green Beans 4oz Dinner Roll 1ea Margarine 1pc Pear 1ea 1% Milk 8oz	5 Red Chile Beef Enchilada 2ea Spanish Rice 4oz Pinto Beans 4oz Jell-O 4oz 1% Milk 8oz	6 Teriyaki Chicken 4oz Green Beans/Carrots 4oz Brown Rice 4oz Banana 1ea 1% Milk 8oz	7 Cheese Omelet w/ Green Chile Sauce 1ea Stewed Tomatoes 4oz Calabacitas 4oz Tortilla 2ea Peach 4oz 1% Milk 8oz	8 Pork Chop 3oz Brown Gravy 1oz Mashed Potatoes 4oz Brussel Sprouts 4oz Vanilla Pudding 4oz 1% Milk 8oz
11 Salisbury Steak 4oz Green Chile/Gravy 1oz Normandy Blend 4oz Diced Beets 4oz Dinner Roll 1ea Margarine 1pc Cupped Pears 4oz 1% Milk 8oz	12 Breaded Pollok 3oz Tarter Sauce 1pc Brussel Sprouts 4oz Sweet Potato Mash 4oz Dinner Roll 1ea Margarine 1pc Yogurt 4oz 1% Milk 8oz	13 Carne Adovada 3oz Red Chile 1oz Pinto Beans 4oz Spanish Rice 4oz Tortilla 2ea Applesauce 4oz 1% Milk 8oz	14 Mac & Cheese w/ Broccoli 4oz Cabbage w/ Apples & Onions 4oz Wheat Bread Stick 1ea Cupped Peaches 4oz 1% Milk 8oz	15 Sweet & Sour Chicken 3oz w/ Peppers 2oz Brown Rice 4oz Sliced Carrots 4oz Fortune Cookie 2ea 1% Milk 8oz
18 Beef Chili Beans 4oz Roasted Cauliflower 4oz Dinner Roll 1ea Margarine 1pc Brownie 1ea 1% Milk 8oz	19 BBQ Pulled Pork 4oz Sweet Potato 4oz Peas & Carrots 4oz Watermelon 4oz 1% Milk 8oz	20 Green Chile Chicken Enchiladas 2ea Spanish Rice 4oz Pinto Beans 4oz Yogurt 4oz 1% Milk 8oz	21 Mushroom Swiss Veggie Burger 1ea Steamed Broccoli 4oz Sweet Potato Fries 4oz Jell-O 4oz 1% Milk 8oz	22 Green Chile Chicken Posole 4oz Succotash 4oz Dinner Roll 1ea Margarine 1pc Warm Apple Slices 4oz 1% Milk 8oz
CLOSED 25 	26 Chicken Tamales 2ea Green Chile 2oz Mushrooms/Onions 4oz Brussel Sprouts 4oz Orange 4oz 1% Milk 8oz	27 Pork Fajitas 3oz Black Beans 4oz Normandy Blend 4oz Tortilla 2ea Strawberries 4oz 1% Milk 8oz	28 Rotini Pasta 4oz Marinara Sauce 1oz Spinach & Onions 4oz Corn 4oz Seasonal Fruit 1ea 1% Milk 8oz	29 Teriyaki Beef 3oz Brown Rice 4oz Sliced Carrots 4oz Dinner Roll 1ea Margarine 1pc Applesauce 4oz 1% Milk 8oz

Please call
505-767-5671
to make your
reservation by
1:00 P.M. the day
prior.

If you have made a
reservation and can
not make it please
call and inform us of
the Cancellation so
we can give the
meal to another
participant.

If you forgot to
make a reservation
we will be able to
give out
cancellation meals
at 12:30 p.m.

Thanks in advance!

COST BY AGE-

50-55

\$7.67

55-59

\$3.25

60 AND UP

\$2

(DONATION)

Notice

All FOOD AND MILK MUST BE CONSUMED IN DESIGNATED DINING AREAS ONLY

In compliance with Area Agency on Aging and New Mexico Aging and Long-Term Services senior meal program regulations, meals cannot be removed from the meal site designated dining area, however fruit, such as bananas, apples, oranges and individually wrapped cookies are exceptions to the rule. If you have any questions regarding regulations and guidelines, please call Senior Affairs Nutrition and Transportation Division Manager

Tim Martinez at 505-764-6450 for further clarification.

Thank you in advance for your cooperation.